

STAFFORDSHIRE INTERNATIONAL KARATE CHAMPIONSHIPS

On



Sunday 10th May 2009

**Cheslyn Hay Leisure Centre
Saredon Road
Cheslyn Hay
WS6 7JQ**

Sun 10th May 2009

Doors Open 9.00am

Competition starts 10.00am prompt

Trophies for

Individual Kata 1st, 2nd and joint 3rd

Individual Kumite 1st, 2nd and 3rd



SIKC 2009



Welcome to the Staffordshire International karate championships.

These Championships are designed with the Competitor in mind and aim to provide a friendly and equal opportunity competitive challenge to all competitors, with maximum reward at the lowest possible cost. We do not look for profit and any made on the day will be used to improve the next competition.

This Competition has no Political Aims and none will be tolerated under any circumstances.

The event will be held at the Cheslyn Hay leisure Centre just off the M6 Motorway Junction 11 and is an excellent centre for this type of event. There is no food available at this centre but there are 2 machines with drinks and snacks available. A mobile canteen will be available with hot food and drinks.

The Holly Bush Nursery is 2 minutes away and has an excellent cafe/restaurant available with lots of internal shops and is next to the M6 junction, with parking for hundreds of cars. This would be an ideal visit for parents during or after the competition. The old fashioned sweet shop is a must visit, and is based inside the Holly Bush.

It would be most helpful with the planning and organisation of the competition if you could let me know if you intend to enter the event. I appreciate that numbers of competitors cannot be guaranteed, but an indication of your intended entry would be welcome.

Contact

DAVE

[\(David.jillings@sky.com\)](mailto:David.jillings@sky.com)

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TONY

Tony@nkakarate.wanadoo.co.uk Office on 01782 328257

www.chasewadokai.co.uk

KATA CATEGORIES

Cat 1.	7yrs and under	Mixed.	Beginner to 7 th kyu
Cat 2.	7yrs and under	Mixed.	6 th kyu and above
Cat 3.	9yrs and under	Mixed.	Beginner to 7 th kyu
Cat 4.	9yrs and under	Mixed.	6 th kyu to 4 th kyu
Cat 5.	9yrs and under	Mixed.	3 rd kyu and above
Cat 6.	Age 10 to 12.	Mixed	Beginner to 7 th kyu
Cat 7.	Age 10 to 12.	Mixed	6 th kyu to 4 th kyu
Cat 8.	Age 10 to 12	Girls	3 rd kyu and above
Cat 9	Age 10 to 12	Boys	3 rd kyu and above
Cat 10.	Age 13 to 15.	Mixed	Beginner to 7 th kyu
Cat 11.	Age 13 to 15.	Mixed.	6 th kyu to 4 th kyu
Cat 12.	Age 13 to 15	Girls	3 rd kyu and above
Cat 13.	Age 13 to 15	Boys	3 rd kyu and above
Cat 14.	16 yrs and above	Mixed	Beginner to 7 th kyu
Cat 15.	16 yrs and above	Mixed	6 th kyu to 4 th kyu
Cat16 .	16 yrs and above	Female	3 rd kyu and above
Cat17.	16 yrs and above	Male	3 rd kyu and above
Cat 18.	40 yrs plus	Mixed	Beginner to 4 th kyu
Cat 19.	40 yrs plus	Mixed	3 rd kyu and above

Pairs Categories [Two People]

Cat 20.	Under 16 yrs of age	Mixed.	4 th kyu and below
Cat 21.	Under 16 yrs of age.	Mixed.	3 rd kyu and above
Cat 22.	Adult 16 yrs and above	Mixed.	Beginner to 4 th kyu
Cat 23.	Adult 16 yrs and above	Mixed	3 rd kyu and above

Special Weapons Category

Cat 24. Any age or grade.
Competitors may be inventive or formal with their kata

Repercharge will be in used for all Kata categories where there are more than four competitors.

KUMITE CATEGORIES

Cat 25. 9yrs and under	Girls.	Under
Cat 26. 9yrs and under	Girls.	Over
Cat 27. 9yrs and under	Boys.	Under
Cat 28. 9yrs and under	Boys.	Over
Cat 29. Age 10 to 12 yrs	Girls.	Under
Cat 30. Age 10 to 12 yrs	Girls.	Over
Cat 31. Age 10 to 12 yrs	Boys.	Under
Cat32. Age 10 to 12 yrs	Boys.	Over
Cat 33 Age 13 to 15 yrs	Girls.	Under
Cat 34. Age 13 to 15 yrs	Girls	Over
Cat 35. Age 13 to 15 yrs	Boys.	Under
Cat 36. Age 13 to 15 yrs	Boys.	Over
Cat 37. Age 16 to 18 yrs	Female.	Under
Cat 38. Age 16 to 18 yrs	Female.	Over
Cat 40. Age 16 to 18 yrs	Males.	Under
Cat 41. Age 16 to 18 yrs	Male.	Over

Each category will be split into two on the day depending upon entries. The split will be based upon height and will be to the discretion of the Chief Referee.

If there are insufficient entries on the day in any one category, this may lead to the category not being split and running as one. This will be to the discretion of the Chief Referee.

Kumite rules will be based upon the WKF system with slight amendments.

Strictly skin touch contact only will be permitted and will be enforced rigorously.

Competitors can wear Head Guards and Chest Protectors if they wish to.

All competitors must wear a Gum shield – Hand Mitts – Foot and Shin Protection

There will be no Repercharge in Kumite

ENTRY FEE

Individual Entries £10

Pair Entries £15

Spectators £5.

Children under 12 £3.

Under 5's free.

For additional information please telephone –
Dave on 07946611931
email david.jillings@sky.com

Or

Tony on 01782 328257
email Tony@nkakarate.wanadoo.co.uk

Please post all entries to

Mr. David Jillings
11 Marigold Close,
Heath Hayes,
Cannock,
Staffordshire,
England
WS11 7FP

Cheques made payable to David Jillings

All entries to be received by Tuesday 5th May 2009

Staffordshire International Karate Championships Rules for Competition

All competitors must wear a clean traditional white karate Gi
(Some exceptions allowed)

All competitors must remain seated during their category to allow for smooth running of recharge which will be in operation in all individual Kata categories.

All competitors are expected to provide their own red & blue belts
But we will have a few available on the day for general use

Competitors who are 4th kyu and below must perform -Pinan or Heian or equivalent basic kata and can repeat in each round if they wish

Competitors who are 3rd kyu and above can perform any recognised kata
And must use a minimum of three without repeating in each subsequent round

Pair's competitors are expected to follow the same criteria as above but 3rd kyu and above may alternate between two kata without repeating in subsequent rounds

Weapons competitors may perform any recognised kata or version of their own making and may repeat if necessary. If competitors are being inventive in their kata it must maintain traditional elements and not be a purely gymnastic performance.

Spectators and coaches are expected to abide by the Hosts Rules for this Competition and bad behaviour will not be tolerated under any circumstances and may lead to removal from the building.

We would like to have three Referees / Judges on each area of a different Club & Style of Karate and would welcome you to submit your Club representatives.

All officials must be suitably dressed in Blazer, Shirt & Tie

Refreshments will be provided for all officials

Name	
Club	
Address	
email	
Name Of Referee	

Directions to

Cheslyn Hay Leisure Centre
Saredon Road
Cheslyn Hay
Staffordshire
England
WS6 7JQ

Leave M6 Motorway at Junction 11

If travelling South take the first exit onto the A460
If travelling North take the third exit onto the A460

At 1st island turn right
At 2nd island turn right

Cheslyn Hay leisure centre is approximately half a mile on the right hand side